The Solihull Approach has a rich mixture of both quantitative and qualitative studies carried out by independent teams across the UK and by the Solihull Approach. All research by the Solihull Approach team has been published, that is, there are no non-significant studies (this means that the published results are even more likely to be robust). All populations are ‘whoever turns up for the services’, that is, there is no selection of subjects and participants are the usual range of people that practitioners work with (This is important as some academic studies rigorously select the participants to be included, so that it can be argued that they do not reflect the population that practitioners work with). Currently all research has been carried out in the UK, so it could be said that the research does reflect the British population. Some studies are small and some are large, but all vary from significant to extremely significant. Therefore, given the range of studies and the fact that all have produced significant results, it is possible to suggest that it is likely that the research supports practitioners’ and parents’ experience; the Solihull Approach works.

Published Research


Cabral, J. (2013) The value of evaluating parenting groups: a new researcher’s perspective on methods and results Community Practitioner, 86 (6) 30-33


Brigham, Lindsay and Smith, Ann (2014). Implementing the Solihull Approach: A study of how the Solihull Approach is embedded in the day to day practice of health practitioners. The Open University in the North, Gateshead.

Drea C., Lumsden V. and Bourne J. (2014) Using practitioners’ feedback to contribute to organisational development in health visiting. Community Practitioner: 87(12): 30–33


The Solihull Approach
Research, Publications & Evaluations


Best Practice Reports


Published articles on the Solihull Approach


Norman, Linda (2013) Delivering Solihull Approach training in Pakistan Community Practitioner. 86 (8) 42-43

**Related publications**


Wallbank, S. (2010) Effectiveness of clinical supervision for midwives and doctors in stress reduction: findings from a pilot study *Evidence Based Midwifery, 8 (2)* 65-70

**Department of Health** (2008) Child Health Promotion Programme

**Evaluations/reports**

Lintern, J. (2005) Follow-up evaluation of Solihull Approach training delivered by local trainers in Middlesbrough


**On-going research**

**Parenting RCT** - commenced

**Foster carer 12 week courses:** another study commenced with pre and post measures.

**National Training evaluation:** ongoing

**Antenatal parenting study:** control study commenced

**Online course for parents:** ongoing data collection. Initial results analysed.

**Practitioner training:** qualitative longitudinal study commencing
Solihull Approach Resource Packs


**CANparent Quality Mark**

The Solihull Approach has been successful in gaining the CANparent Quality Mark award for:

- Solihull Approach Understanding your child GROUP
- Solihull Approach Understanding your child ONLINE course

Parenting UK is part of the Department of Education CANparent programme. Parenting UK states that the CANparent Quality Mark provides a robust and systematic process for measuring the quality of development, delivery and provision of universal parenting classes.
The CANparent Quality Mark is the only quality standard in the parenting sector. It has been developed for the sector, by the sector.