

Solihull Approach Training in Newcastle – working together to implement the Solihull Approach.

In 2005 staff identified a need to raise capacity of HV staff to work with families experiencing emotional & behavioural difficulties in 0 – 5year olds. Also through raising the capacity of practitioners referrals to other agencies may be avoided enabling the family to work with a practitioner who is already known to them and working in the home. The Solihull Approach was identified as an early intervention model appropriate for this need.

How?

2006 Successful bid for funding to Non-medical Education & Training Panel 10 health visitors (HV's) trained as trainers of Solihull Approach to cascade to staff in health visiting **teams**.

2007 10 staff completed the 2 day foundation training & the training the trainers training.

2009 Cascade training began to HV's

2010 HV Lead for the Solihull Approach funded for 2 years from Early Intervention Grant (Local Authority) to led on integration of training into 2 pilot children centres in Newcastle.

2010 - Multi agency training began with staff from East and Northmoor Children's centres and Perinatal Mental Health team from Northumbria, Tyne & Wear foundation Trust trained .

2010 – Solihull Approach Group supervision began using a restorative model – mandatory for all PCT staff.

2010 Supervision for Solihull Approach trainers commissioned by PCT from Child & Adolescent Psychotherapist (ongoing)

2011 Public Health school nurses (PHSN) commence training & receive the school age resource packs.

2011 Multi disciplinary group train as trainers to add to team including staff from Children's centre, Local Authority, Perinatal Mental Health & School Nursing

2011 First Solihull Approach Parenting Group ran in the city lead by two HV's

2012 Members of the Teenage Pregnancy team trained

2012 Rapid Improvement Event in Newcastle to redesign 0 – 19 child health records with Solihull Approach at the heart.

2013 Training continues delivered by multiagency trainers to multi agency groups.

Outcomes:

- 265 staff trained in the Solihull Foundation Approach 0—5years or School age , trained from 2009 to date.
- 14 trainers trained as trainers.

Immediately following training there was:

- Increase in staff confidence by 25.25% when working with parents with behaviour problems and/or difficulties such as sleep, feeding and toileting?
- Increase in confidence of 24.89% in assessing parent/child relationships
- Increase in confidence by 24.06% in working with parents.

3 months post training:

- 90% staff said training made a difference to their understanding of the emotional development of infants and young children.
- 92% staff felt it brought together previous knowledge of different theories about child and adolescent mental health/ infant mental health.
- 100% staff would recommend the Solihull Foundation Approach to their colleagues.

“I found this training to be excellent and will use the skills I have learnt in my working day.”

“...this will change my way of thinking/working – looking at it from both mum/dad and child's behaviour.”