

Additional Assessment Questions **Attention deficit hyperactivity disorder**

Appropriate for primary and secondary school children

Questions that could be asked of both parents and teachers

Do you think he has learning difficulties?

Times of day – are there good times?

– are there bad times?

Is he easily distracted?

Can he sit still to watch TV/read a book?

Can you take him to the cinema?

Do you eat at the table?

Can he sit still in a burger bar?

Does he lose his temper easily for only minor reasons?

Does he 'fly off the handle'?

Can he take part in a satisfactory conversation?

Can he accept criticism at school/at home?

Is it difficult for him to make peer-group friendships?

Is he impulsive?

Is he always losing things?

Does he lose things deliberately?

Is his bedroom tidy?

If you ask him to tidy it, is it worse than before?

Can he do specific tasks, e.g., put books on a shelf?

Can he understand complicated instructions, e.g., 'Go and fetch the coat on your bed and bring it downstairs'?

What strategies have you tried?

– what helped?

– what didn't?

Has there been any antisocial behaviour, e.g., fights, arguments, poor school attendance?

Are there signs of depression, e.g., does he spend more time than expected alone in his room/does he have sleep problems (a late feature)?

Is he bullied/does he bully other people?

Remember! It is important to consider the possibility of depression at all ages.

NOTE: This leaflet is designed to be used as part of a wider conversation with your practitioner. If you want to take an online course for parents, visit www.inourplace.co.uk.

Factsheet Sources of information

ADDiss Information Services

2nd Floor, Premier House
112 Station Road
Edgware HA8 7BT
Tel: 020 8952 2800
Fax: 020 8952 2909

Organises local and national seminars and provides information, support, training and resources on ADHD for both parents and professional workers. A large number of books and videos are for sale.

Understanding your child

www.understandingchildhood.net

A range of leaflets is available on the web that provide information on specific emotional and behavioural problems including ADHD.

Contact a Family

www.cafamily.org.uk

Tel: 0808 808 3555 – Freephone helpline for parents and families (Mon–Fri, 10am–4pm)
Contact a Family is a UK charity that helps families who care for children with any disability or special need. We are a main source of information about rare disorders and are able to assist affected adults as well as children.

The Contact a Family Directory Online contains details of many medical conditions and also patient support groups. The information in it is also provided as part of the NHS Direct Online service, tel: 0845 4647.

The Mental Health Foundation

Mental Health London Office
9th Floor, Sea Container House
20 Upper Ground
London SE1 9QB
Tel: 020 7803 1101
Fax: 020 7803 1111

Website: www.mentalhealth.org.uk

Works to meet the needs of people with mental health problems and aims to improve people's lives, reduce stigma surrounding mental health issues and to promote understanding. The Foundation undertakes research and provides information (including ADHD) for the general public and health and social care professional workers.

Family Lives

CAN Mezzanine, 49-51 East Road

London N1 6AH

Tel: 0808 800 2222

Website: www.familylives.org.uk

Provides emotional support for parents and families concerning ADHD. Also refers to organisations for appropriate help, advice and information about ADHD.

Young Minds

48-50 St John Street, London EC1M 4DG

Tel: 0800 018 2138 – Parents Information Service

E-mail: enquiries@youngminds.org.uk

Website: www.youngminds.org.uk

Provides information (including ADHD) leaflets, seminars, consultancy and publishes the Young Minds Magazine. Services are aimed at young people, parents and professionals workers.

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There are a number of very supportive local self-help groups around the country. If you want to contact one of these and have been unable to do so through the organisations above please get in touch with Contact a Family.

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