

SOLIHULL APPROACH Training Routes

2 Day Foundation training (2DF)

Introduces Solihull Approach model, research and how to use it in daily work with children and families

Core 2DF suitable for all practitioners

Antenatal 2DF specifically for midwives and any antenatal workers
Fostering & Adoption 2DF for social workers, adoption workers, etc.

Please contact the Solihull Approach office if you would like advice on trainings or if you feel a tailored training may be required.

Want to deliver training to others

Combined Foundation & Group Facilitator - 2 day Trainings

1 day Foundation training & 1 day how to run a group.

Combined Antenatal Foundation & Antenatal Parenting Group Facilitator training

To facilitate Antenatal 5-week Journey to Parenthood 'Understanding pregnancy, labour, birth and your baby'

Combined Foundation & Foster Carer Course Facilitator training

To facilitate our 12-week 'Understanding your foster child' course for foster carers

1 day training for both Antenatal, Postnatal and Foster Carer Group training is available if you have already attended the 2 day Foundation Training

Want to run groups for

Train the Trainer training—1 day training

To train other practitioners in any of the Foundation trainings:
 Relevant Trainers' Manuals required for specific trainings.

Whole School Training

All versions of
2 Day Foundation training

Early Years Foundation Stage training

in conjunction with nursery nurse training

Group Facilitator 1 day Trainings with Manual

Attending any group facilitator training enables you to deliver any other group without additional training

Antenatal Parenting Group-Understanding your pregnancy, labour, birth and your baby' 5 week (optional 6 week).

Parenting Group Facilitator training-Understanding your child's behaviour: 10-week group for parents.

Postnatal Group-Facilitate 'Understanding your baby' 6 week group.

Postnatal Group Plus-Facilitate 'Understanding your baby' 8 week group.

Want to train others to run groups

Train the Trainer for: Parenting, Antenatal, Postnatal and Postnatal Plus and Foster Carer Groups - with relevant training manual

1-day training to enable you to train others to facilitate Train the Trainer.

SOLIHULL APPROACH PLUS

Aim: to enhance knowledge & awareness of practitioners or parents & move theory into practice

To deliver to practitioners:

**Brain Development Seminar Trainers' Manual, Attachment Seminar Trainers' Manual
 Trauma Seminar Trainers' Manual**

To deliver to parents:

Workshop for Parents of Young School Children Trainers' Manual
 Workshop for Parents of Teenagers Trainers' Manual
 Peer Breastfeeding Supporter Training Trainers' Manual

2 Day Foundation training (2DF)

To introduce you to the Solihull Approach model, research and how to use it in daily work with children and families

Core 2DF suitable for all practitioners

Antenatal 2DF specifically for midwives, and any antenatal workers

Fostering & Adoption 2DF for social workers, adoption workers, etc.



Resource packs and delivering training

Each delegate should have the relevant resource pack during the training e.g. Antenatal (Journey to Parenthood) First Five Years, School Years, Fostering and Adoption. Back at work, gold standard is for each person to have their own pack to move theory into practice. Otherwise they should have very easy access to a pack.

No previous training necessary.

Combined Foundation & Group Facilitator trainings

For practitioners who have not previously attended any Solihull Approach training and plan to run a group .

Combined Antenatal Foundation & Antenatal Parenting Group Facilitator 2 Day training

To facilitate our 5-week Journey to Parenthood 'Understanding pregnancy, labour, birth and your baby' group for parents-to-be.

Combined Foundation & Foster Carer Course Facilitator 2 Day training

To facilitate our 12-week 'Understanding your foster child' course for foster carers.

Combined Postnatal Foundation & Postnatal Parenting Group Facilitator 2 Day training

To facilitate our 6 or 8 week 'Understanding your baby' group.



Resource packs, delivering training and running groups

Each delegate should have access to an individual relevant resource pack and group facilitators' manual when attending training and running a group

No previous training necessary for combined trainings .

For running groups, lead facilitators must have attended the 2 day Foundation and 1 day group facilitator training or Combined training.

It is preferable the second facilitator attends both trainings. However, they should have attended at least the 2 day Foundation training. They cannot be a lead group facilitator without attending the 1 day group facilitation training .

All groups run for parents should be recorded on Solihull Approach website www.solihullapproachparenting.com at Data returns.

When running a group, each facilitator needs their own manual .

Group Facilitator 1 day Trainings with Manual

Attending any group facilitator training enables you to deliver any other group without additional training

Antenatal Parenting Group-Understanding your pregnancy, labour, birth and your baby' 5 week (optional 6 week).

Parenting Group Facilitator training-Understanding your child's behaviour: 10-week group for parents.

Postnatal Group-Facilitate 'Understanding your baby' 6 week group.

Postnatal Group Plus-Facilitate 'Understanding your baby' 8 week group.



Resource packs, delivering training and running groups

Each delegate should have access to an individual relevant resource pack and group facilitation trainers manual when attending training and running a group.

Previous training requirements—2 day Foundation training plus time to link theory to practice.

When running groups, lead facilitators must have attended the 2 day Foundation and 1 day group facilitator training or combined training.

It is preferable the second facilitator attends both trainings. However they should have attended at least the 2 day Foundation training . They cannot be a lead group facilitator without attending the 1 day group facilitation training.

All groups run for parents should be recorded on Solihull Approach website www.solihullapproachparenting.com at Data Returns.

Train the Trainer training

1-day training to train other practitioners:

Relevant Trainers' Manuals have session guides, presentations, handouts, etc.



Resource packs, delivering training and running groups

Each delegate should have access to an individual trainers manual when attending training. After the training they should preferably have their own resource pack or very easy access to a resource pack.

Previous training requirements—2 day Foundation training plus time linking theory to practice.

Trainers must sign Agreement forms, code of practice and return names and evaluation forms of delegates training via cascade training to the Solihull Approach office.

When running a group each facilitator needs their own manual.

SOLIHULL APPROACH Information about Training Manuals and Running Groups



Train the Trainer for: Parenting, Antenatal, Postnatal and Postnatal Plus and Foster Carer Groups : with relevant training manual



Resource packs, delivering training and running groups

Each delegate should have access to an individual trainers manual when attending training etc.

Previous training requirements—2 day Foundation training plus time to link theory to practice, run at least one group of the training being attended

Trainers must sign Agreement forms, code of practice and return names and evaluation forms of delegates training via cascade training to the Solihull Approach office.

All groups run for parents should be recorded on Solihull Approach web-

SOLIHULL APPROACH PLUS

Aim: to enhance knowledge & awareness of practitioners or parents & move theory into practice .

To deliver to practitioners:

Brain Development Seminar Trainers' Manual, **Attachment** Seminar Trainers' Manual

Trauma Seminar Trainers' Manual

To deliver to parents:

Workshop for Parents of Young School Children Trainers' Manual

Workshop for Parents of Teenagers Trainers' Manual

Peer Breastfeeding Supporter Training Trainers' Manual



Resource packs, delivering training and running groups

Each facilitator requires the relevant manual.

Previous training requirements—2 day Foundation training and linking theory to practice.

Solihull Approach Plus Trainings and Workshops for Parents can be run for large groups of delegates for example, 50—100 delegates.