Feeding difficulties: a parent’s perspective

As a parent, you may have experienced challenges in feeding your child. If you’ve been trying to feed your child for 10 minutes and it’s not working, it can be令人困扰.

It’s important to keep trying, even if it’s not easy, and to remember that each child is different.

Some parents may find that offering different types of food or changing the feeding environment can help.

It’s also important to stay positive and patient during the feeding process. If you need support, there are resources available to help you.

Remember, feeding is a journey and every child will have their own unique feeding style.

Thank you for your patience and understanding.

Feeding Leaflet 2
(Solihull Approach Resource)